

SUMMER HOLIDAY

Swimming Fun for Kids

24th July – 27th August 2023



CHILDREN'S SWIMMING CRASH COURSE

Learn how to swim or to improve your swimming by attending a half hour lesson every day for one week, Monday to Friday.

A fantastic way to give your swimming a boost in small classes arranged according to ability.

Cost: £45 members / £48 non-members

PRIVATE LESSONS

Why not treat them to a half hour private lesson tailored to your individual needs to help gain confidence or master a technique/skill. We also do 2 to 1 private lessons.

Cost: £25 members / £26 non-members

PARENT AND BABY Splash 'n' Sing

For babies from birth to 3-year-olds we have a fab splash n sing sessions running on Monday's, Wednesday's, and Fridays at 11am. This is a half hour lesson with a teacher followed by a 20-minute fun swim. Excellent way to keep in the swim. Cost £15/ £16 members/Non

Book in for as many as you want!

PRIVATE HIRE

Hire out half the pool just for you and your family and friends to come and have a 'whale' of a time!! Mondays 2.00pm and Sundays 11.30am. £40 for half the pool for 4 swimmers additional £5 per person up to max of 10

FUN SWIMS

Come for an hour of splashing fun with lots of pool toys including large rafts and surfboards: Tuesday 1pm, Wednesday 2pm, Thursday 3pm, Friday 2:30pm, Saturday & Sunday 10.30am

Cost: £5 per person and under 3's -£3 plus £1 for non-members

UNDER 5'S ONLY FUN SWIM

On a Tuesday at 2pm or Thursday 1pm, we will be holding a fun under 5's play swim with lots of toys to play with and the older kid out of the way!

Cost: £5 per person and under 3's -£3 plus £1 for non-members

INFLATABLE FUN

Our fantastic shark inflatable on Wednesday 1pm and Fridays 3:30pm for children 8 to 12 years olds, or for our younger swimmers try out our Pirate Boat inflatable Mondays 1pm, Tuesday 3pm, Thursday 2pm and Saturday 11:30am for children under 10 years with parents.

Cost: £7 per person plus £1 for non-members

For further information please contact:

01268 786 786/info@swimmingtales.co.uk

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Specialised Activities

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You'll have a whale of a time!

MERMAID SWIMMING - £28/£30

1 hour session to be a mermaid! Every girl's dream! They are fitted with a fin and tail, learn how to get it on and off safely, then swimming in the tail and fin and learning some easy moves like floating, hand stands to wave their tails, underwater mermaid kisses etc.

Must be 6 YEARS + and be able to swim 25m unaided and float. Monday 21st August @ 4pm-5pm

SNORKELLING - £18/£20

For confident swimmers aged over 6 years. Learn how to snorkel properly and clear masks to view the marine life properly ready for your holiday with a fun swim to finish.

Wednesday 26th July and Monday 7th August @ 3.30pm-5pm

SCUBA DIVING - £38/£40

For children 8 years or over using small tanks especially designed for children. Experience what it's like to breath underwater with a fun swim to finish.

Wednesday 26th July and Monday 7th August @ 3.30pm-5pm

ROOKIE LIFE SAVING - £10/11 (member/non-member)

For children aged 7 and over who can swim at least 25m. Learn basic lifesaving techniques and how to help in an emergency and keep yourself safe.

Monday 24th July and Wednesday 23rd August 4pm – 5pm.

ARTISTIC SWIMMING - £10/11 (member/non-member)

Love Dancing? Swimming under water? Gymnastics? Why not come and have a try at artistic swimming (formerly known as Synchronised swimming)

A come and try session with a specialised coach on Wednesday 2nd August 4pm to 5pm

WATER POLO - £10/11 (member/non-member)

Get together with friends and come and battle in out to become the water polo champions!

For children aged 7 and over who can swim at least 25m.

Monday 31st July and/or Wednesday 16th August 4pm

KIDS DANCE-A CISE - £10/£11 (Member/Non-member)

A kid friendly version of our aquaerobic class – it's a disco in the pool finished off with a fun swim.

Wednesday 9th August and Monday 14th August 4pm to 5pm

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