



## SUMMER HOLIDAY

### Swimming Fun for Kids

Monday 24th July - Sunday 3rd September

#### Lessons for the non-swimmer to the improver swimmer

For children aged 3 years & over, beginners to improver standard,  $\frac{1}{2}$ hr lesson each morning, Mon to Fri. Excellent way to gain confidence and progress quickly. Cost: Members £30/ Non- members £32. Or for a special treat have a private 1 to 1 lesson specially tailored to your needs - £19/£20 for half an hour.

Snorkelling /Scuba diving -Learn to snorkel correctly ready for your summer holidays and experience what it is like breathing under water with specially designed children's aqualung.

Synchro - Love dancing & swimming why not give synchro a go? Have a fab time swimming like a mermaid and put on a little show for your parents at the end!!

Rookie Life Saving - Are your children safe around water? Do they know what to do in an emergency? Come to our rookie lifesaving session and have fun learning a vital skill

for 7 years plus

Costs: Snorkelling: £20, Synchro & Lifesaving: £15/£16 for 2 hr session for children confident in the water. Scuba Diving: £35 for 2hr session - 8yrs old and over

#### FUN SWIMS

The pool will be open for fun swims with lots of toys to play with:

Family Fun Swims: Mon, Tues, Wed, and Fri: 11am - 1pm,

Wed and Thurs 2pm - 4pm. Thurs 12 - 1pm- under 5's only

Sundays: 11am - 3pm.

Cost: Children - £3/£4. Under 3 years free/£1 Adults £4.50. Members / non members

All children under 8 years old must be accompanied by an Adult on a 1 adult to 2 children.

Inflatable fun swim (for children 8-12 years only) Tuesdays 2-3pm and Fridays 3-4pm with our fantastic Pirate Obstacle course.

For Under 8's Tuesdays 3-4pm and Fridays 2-3pm, have a go at our Pirate Boat inflatable.

£3 for members/ £4 non- members, Adults £2.50

#### Splash 'n' Sing:

Don't let your little ones miss out. A special drop in lesson for children 4 years and under. With a qualified teacher leading fun and games you will be sure to have a splashing time!! Mondays 2-3pm.

Cost £10/£11 members/non-members.

#### Swim Camp:

Stay with us for the whole day, 2 swim sessions and 1 gym session and experience what it is like to be a real athlete!! £35 for the day

For further information please contact:  
01268 786 786/info@swimmingtales.co.uk