

School Holiday Swimming

■ Pre-bookable lessons
 ■ Adult turn up and swim sessions
 ■ Turn up fun swims

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6.15 – 7.30am	Adult swim			Adult swim					
7.30 – 8.00am									
8.00 – 8.30am			Adult swim						
8.30 – 9.00am									
9.00 – 9.30am	Crash Course	Crash Course	Crash Course	Crash Course	Crash Course				
9.30 – 10.00am	Crash Course	Crash Course	Crash Course	Crash Course	Crash Course				
10.00 – 10.30am	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson		1 to 1 Lesson		
10.30 – 11.00am	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson		
11.00 – 11.30am	Fun Swim	Fun Swim	Fun Swim	Aquaerobics	Fun Swim	1 to 1 Lesson	1 to 1 Lesson		
11.30 – 12.00am						1 to 1 Lesson	Fun Swim		
12.00 – 12.30pm				Under 5's Only fun swim		Party booking			
12.30 – 1.00pm									
1.00 – 1.30pm	Adult swim	Adult swim	Adult swim	Adult swim	Adult swim				
1.30 – 2.00pm									
2.00 – 2.30pm	Under 3's Splash n sing	Inflatable Fun Over 8's	Fun Swim	Fun Swim	Inflatable Fun Under 10's	Party booking			
2.30 – 3.00pm									
3.00 – 3.30pm	Aquaerobics	Inflatable Fun Under 10's					Inflatable Fun Over 8's		Party booking
3.30 – 4.00pm									
4.00 – 4.30pm	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson	Snorkelling Scuba Synchro	1 to 1 Lesson	Party booking			
4.30 – 5.00pm	1 to 1 Lesson	1 to 1 Lesson	1 to 1 Lesson		1 to 1 Lesson				
5.00 – 5.30pm	1 to 1 Lesson		1 to 1 Lesson	Life saving Swim Camp			Party booking		
5.30 – 6.00pm	1 to 1 Lesson		1 to 1 Lesson						
6.00 – 6.30pm	1 to 1 Lesson		1 to 1 Lesson	1 to 1 Lesson					
6.30 – 7.00pm	1 to 1 Lesson		1 to 1 Lesson	Adult Swim					
7.00 – 7.30pm	Adult swim		1 to 1 Lesson						
7.30 – 8.00pm									
8.00 – 8.30pm			Aquaerobics						
8.30 – 9.00pm	Ladies only swim								
9.00 – 9.30pm									

All times correct at time of going to press. [Please see website for latest times.](#)