

# Swimming Tales Term Time Table

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6.15 – 7.30am	Adult swim 6.15am-9.30am			Adult swim 6.15am-9.30am					
7.30 – 8.00am									
8.00 – 8.30am							Adult swim 7.30am-8.30am		
8.30 – 9.00am					Adult swim 8.30am-9.30am			Improvers	Improvers
9.00 – 9.30am								Improvers	Beginners
9.30 – 10.00am	Pre-school X 2	0 -6 months & 6 -12months	Pre-school x 2	12-18months & 18-24 months	Pre-school	Beginners	Pre-school		
10.00 – 10.30am	12- 18months & 18 -24 months	12-18months & 18-24 months	6 -12 months & 12 -18 months	2- 3 yrs & Pre-school	6 -12 months & 12 -18 months	Beginners	2 – 3 years & 3 years with parents		
10.30 – 11.00am	0 -6 months & 6 -12months	2- 3 yrs & Pre-school	18 - 24 months & 2- 3 years	Preschool x 2	18 - 24 months & 2- 3 years	18 - 24 months & 2- 3 years	12- 18months & 18 -24 months		
11.00 – 11.30am	2 – 3 years & 3 years with parents	Adult Beginners	3 years with parents & Under 5's Splash n play	Aquaerobics	Pre- School & Under 5's Splash n play	6 -12 months & 12 -18 months	1 to 1 lessons		
11.30 – 12.00am	1 to 1 lesson								
12.00 – 12.30pm	Adult swim	Adult swim	Adult swim	Adult swim	Adult swim	Party booking 12pm - 2pm	FUN SWIM 11.30am - 3pm		
12.30 – 1.00pm									
1.00 – 1.30pm	Pre- School	18 - 24 months & Pre-school	6 -12 months & 12 -18 months	Pre-school	Pre-school				
1.30 – 2.00pm	Pre-school	2- 3 yrs & Pre-school	18 - 24 months & 2 - 3 years	0 -6 months & 6 -12months	Pre-school				
2.00 – 2.30pm	Pre-school	Pre-school	Pre-school	12-18months & 18-24 months	Over 50's Adult swim				
2.30 – 3.00pm	Aquaerobics - Over 50's	Aquaerobics	Under 5's	2 – 3 years & 3 years with parents		Party booking 2pm - 4pm			
3.00 – 3.30pm				1 to 1 lessons	1 to 1 Lessons				
3.45 – 4.15pm	1 to 1 lessons	1 to 1 lessons	1 to 1 lessons	1 to 1 lessons	1 to 1 lessons				
4.15 – 4.45pm	Beginners	Beginners	Beginners	Beginners	Beginners	Party booking 3pm - 5pm			
4.45 – 5.15pm	Beginners	Beginners	Beginners	Beginners	Beginners				
5.15 – 5.45pm	Improvers	Improvers	Improvers	Improvers	Improvers	Party booking 4pm - 6pm			
5.45 – 6.15pm	Improvers	Improvers	Improvers	Improvers	Improvers				
6.15 – 6.45pm	Improvers	Improvers	Pre - Coaching	Improvers	Coaching	Party booking 5pm - 7pm			
6.45 – 7.15pm	1 to 1 lessons	1 to 1 lessons	Coaching	Adult swim 6.45pm - 8pm					
7.15 – 7.45pm	Adult swim 7.15pm-8.30pm	1 to 1 lessons	1 to 1 lessons						
7.45pm - 8.15pm			1 to 1 Lessons						
8.15 – 8.30pm			Aquaerobics						
8.30 – 9.15pm	Ladies Only								
9.15 – 9.30pm	Swim								

**Key:**

Pre-bookable lessons	Adult Swim Session	Children Turn up and swim session
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